

# Guardian of Safe Working

My name is  
Dr Jonathon Greiff,  
Juniors Doctors  
Guardian of Safe  
Working (GSW) at UHL  
and Consultant Anaes-  
thetist.



As the Guardian of Safe Working, I will ensure that issues raised in relation to compliance with safe working patterns are addressed as they arise.

As part of my role I chair the Trust Junior Doctors Forum. This group oversee and monitor compliance with safe working patterns. If you would like to get involved please do contact me or Vidya Patel, Medical HR Manager.

## Pay & Further Information

Useful links for further information:

- (UHL internal website) <http://insite.xuhl-tr.nhs.uk/homepage/management/corporate-directorates/human-resources/2016-junior-doctors-contract>
- <https://www.bma.org.uk/advice/>

**Call UHL Payroll Assistance if you have any problems with your pay**

Dial #6777 from UHL or 03332 076 562.  
Open Monday to Friday 8am to 6pm.

One team Shared values

## Locum Fidelity

In line with new Junior Doctors Terms and Conditions of Service (TCS), junior doctors intending to undertake additional paid work as a locum must initially offer such additional hours of work exclusively to the NHS (any NHS organisations) before working for a Locum Agency.



One team Shared values



## The New Junior Doctors' Contract (2016)

Hours, Rest, Breaks

Exception Reporting

Guardian of Safe Working

Pay and Further Information

Locum Fidelity

One team Shared values



# Exception Reporting

## What is it?

Exception reporting allows doctors to quickly raise issues with work patterns and educational opportunities.

## When to raise?

When day to day work varies significantly and/or regularly from your work schedule and/or you are unable to take breaks. And for missed Educational opportunities.



## Timescales

Doctor must record exception within 14 days or 7 days if additional payment is requested.



## Raising an Exception

Reported on a web based package via:

[www.healthmedics.allocatehealthsuite.com](http://www.healthmedics.allocatehealthsuite.com)



Scan QR code for direct access to the package

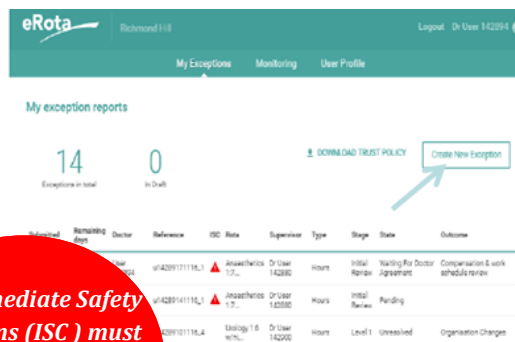
## User Name and Password

If you have not received a username & password for the package, your JDA will be able to organise this.

# Exception Reporting

## Raising an Exception

Your dashboards lists the exceptions you have raised. To raise a new exception, click create new exception' from your dash-board.



**All Immediate Safety Concerns (ISC) must be discussed with a consultant immediately**

## Review and Action

Your service will review and in consultation with you agree appropriate action (i.e. time off in lieu, re-schedule educational opportunities, etc.) within 7 days.

## Agree/Disagree with Outcome

You will need to either agree or disagree with the outcome within 14 days of the outcome being recorded.

# Rota Regulations

## Maximum Hours & Consecutive Duties

- ◆ Max average of 48 hours of work per week
- ◆ 13 hour maximum shift length
- ◆ Max 72 Hours in any 7 consecutive days
- ◆ Max 8 consecutive shifts
- ◆ Max 5 consecutive long days
- ◆ Max 4 consecutive night shifts

## Breaks and Rest

- ◆ At least one 30 minute break for a shift lasting more than 5 hours
- ◆ A second 30 minute break if the shift is more than 9 hours
- ◆ Can be taken flexibly during the shift and should be evenly spaced
- ◆ 11 hours continuous rest between each duty period

## Non-Resident On-call Rota Rules

- ◆ 11 hours (absolute minimum 8 hours) of rest in each on-call period
- ◆ 5 hours continuous rest between 10pm and 7am
- ◆ Consecutive on-calls cannot be worked (except Sat/Sun on-calls)